



Center for Non-Dualism

*Each human is one with the Non-Dual Reality,
as a wave is not separate from the ocean.*

3rd Annual Nondualism Conference and Retreat *Transcending Fear, the Greatest Obstacle to Nondual Realization*

Thursday-Sunday, Feb 25-28, 2010 (4 days)

The Center for Nondualism joyously announces its 3rd Annual Non-Dualism Conference from February 25-28, 2010 in Fort Walton Beach, Florida.

- Enjoy the camaraderie of people who share this perspective
- Better understanding of the nature of Nondualism
- Gain practical insight about Nondual meditation and practices
- Learn how to live Nondualism in a cultural of Dualism
- See the Nondual roots of yoga, religions, and philosophy

Presentations: There will be approximately 18 presentations or practical training sessions related to nondual yoga, meditation, and contemplation.

Hatha Yoga classes: Four hatha yoga (postures) classes on each of the mornings, as well as brief hatha yoga sessions during the afternoons.

Guided Meditations: Fifteen+ meditations of various durations.

Saturday night entertainment: Drumming Circle with Mike Beck, Harp concert by Lisa (Leela) Patterson, accompanied by George Shumway on bass fiddle. Singing by Kathleen Gibson, Robin Holzer, and Rukmini Eggelte.

Location:

Ramada Plaza Beach Resort
Okaloosa Island, Fort Walton Beach, Florida
800-874-8962

Registration and More Information

www.CenterForNondualism.org